## REGISTRATION FORM

Successful Community Living: Cross-System Strategies for Supporting Vulnerable Adults

Please print legibly and keep a copy for your files.

Please select **ONE** training location:

- Moses Lake -- Wednesday, August 23, 2006
   Location: Big Bend Community College, 7611
   Bolling St. NE, Moses Lake 98837 (509) 793-2372
- Kennewick Thursday, August 24, 2006
   Location: Red Lion Hotel Columbia Ctr, 1101 N
   Columbia Ctr Blv, Kennewick 99336 (509) 783-0611
- □ Vancouver Tuesday, August 29, 2006 Location: Red Lion Hotel @ the Quay, 101 Columbia St, Vancouver 98660 (360) 694-8341
- □ Port Angeles Thursday, August 31, 2006

  Location: Red Lion Hotel, 221 North Lincoln, Port
  Angeles 98362 (360) 452-9215
- □ Arlington Tuesday, September 26, 2006

  Location: Hawthorne Inn & Suites, 16710 Smokey
  Point Blvd, Arlington 98223 (360) 657-0500
- □ SeaTac Friday, September 29, 2006

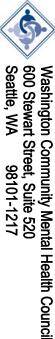
  Location: Doubletree Hotel Seattle Airport, 18740

  International Blvd, Seattle 98188 (206) 277-7589

Name
Title
Name of Agency
Agency Address
City, State, Zip
Phone
e-mail address:
Vegetarian □
2

Please send registrations to:

Washington Community Mental Health Council 600 Stewart Street, Suite 520, Seattle, WA 98101 Fax: (206) 389-3284 Phone: (206) 628-4608 x12



# Successful Community Living: CrossSystem Strategies for Supporting Vulnerable Adults

August 23, 2006 — Moses Lake August 24, 2006 — Kennewick August 29, 2006 — Vancouver August 31, 2006 — Port Angeles September 26, 2006 — Arlington September 29, 2006 — SeaTac

Sponsored by the Department of Social & Health Services' Mental Health Division, Aging & Disability Services Administration, and the Division of Alcohol & Substance Abuse, and presented by the Washington Community Mental Health Council

Funding by the New Freedom Initiative State Coalitions to Promote Community-Based Care

Free of Charge

# Who Should Attend?

- Care providers and staff in settings that serve vulnerable adults
- DSHS staff supporting vulnerable adults
- Others interested in supporting vulnerable adults

One of the goals of a recovery-oriented system of care is helping individuals remain in the community. This one-day training is designed to increase the knowledge of those supporting vulnerable adults, so that they are aware of the available resources and system structures that can assist them in helping their clients remain in the community.

# **About the Presenter**

Theresa C. Mahar is a Licensed Independent Clinical Social Worker who has worked with multiple populations for 32 years. She began her career at Lakeland Village, where she worked with developmentally disabled adults for 21 years. She has worked at Eastern and Western State Hospitals as the Director of Social Work. Theresa is also a licensed nursing home administrator and has consulted in nursing facilities since 1986. At the Mental Health Division, she worked with the RSN Administrators to develop the 1999-2001 state mental health contract for \$600M, worked with mental health centers around the state to implement the Allen/Marr lawsuit mandates and provided crisis plan training to direct care staff. Theresa co-authored a paper with Cheryl Strange on the Washington State system of integrating mental health and developmental disabilities concepts to ensure that dually diagnosed clients receive the treatment they need from both systems.

# Successful Community Living: Cross-System Strategies for Supporting Vulnerable Adults

# Session Schedule for all Trainings

8:00 am—9:00 am Check In (coffee & pastries)

9:00 am—noon Training

Noon—1:00 pm Lunch (provided)

1:00 pm—4:00 pm Training

# **COURSE OUTLINE:**

- 1. Welcome & Introductions
- 2. Overview of Systems
- 3. Panel of regional presenters offering models that work
- 4. Skill Building Session
- a. Working with challenging behaviors and deescalation techniques
- b. Real life crisis planning for prevention and intervention
- c. Documenting for real life situations
- d. Caring for yourself as a caregiver
- 5. Conclusions/evaluations

#### **OBJECTIVES:**

- 1. Increase awareness of best and promising practice models that help individuals remain in the community.
- 2. Increase knowledge of available resources and system structures for Developmental Disabilities, Aging, Chemical Dependency Treatment, Mental Health and Long-Term Care.
- 3. Develop new skills in supporting people in the community, as noted above in the course outline.

## Registration Form on Reverse Side

Please mail or fax registration form to WCMHC at:

600 Stewart Street, Suite 520

Seattle, WA 98101-1217

Fax: (206) 389-3284

Phone: (206) 628-4608 x 12

Please contact the Washington Community Mental Health Council with any questions about these programs at (206) 628-4608 x 12 or aavery@wcmhcnet.org

SPACE IS LIMITED. ALTHOUGH THERE IS NO FEE FOR THESE TRAININGS, PRE-REGISTRATION IS REQUIRED. A CONFIRMATION LETTER W/DRIVING DIRECTIONS WILL BE SENT UPON RECEIPT OF REGISTRATION. IF YOU DO NOT RECEIVE A CONFIRMATION LETTER, PLEASE CONTACT THE COUNCIL (206) 628-4608 x12.

A limited number of sleeping rooms have been set aside at most of the locations. Please mention the training name to receive a government rate.

# Continuing Education Credits (6.0 Hrs)

The Washington Community Mental Health Council is qualified to provide continuing education credits required by Washington State for Licensed Social Workers, Licensed Mental Health Counselors and Licensed Marriage and Family Therapists. This program will provide **6.0** hours of continuing education credit for those who attend the full training.

The New Freedom Initiative State Coalitions to Promote Community-Based Care have made this training available, at no cost to attendees.